

NEST - Lifestyle Disorder Reversal Program

(Nutritional Ecological and Spiritual Transformation)

An initiative of

Classical Homoeopathic Research Centre

www.chrcindia.com



Discover how to get
FREEDOM from Diabetes,
High Cholesterol,
Obesity,
High Blood Pressure,
Coronary Artery Disease, and
Neuro Degenerative Disorders

In your struggle to get over these dreaded diseases,
have you ended up taking

MEDICINE as **FOOD** ...

and yet feel **SICK** ?



Are you spending your hard earned money with **NO RESULTS** ?

Here is the **SOLUTION** for you

... make it **possible** with

NEST – Lifestyle Disorder Reversal Program

Discover the **Secret** of how to Get Well *fast* and Stay Well.

Stop eating medicine as food and *learn* how to eat **Food as Medicine**.



Mr. Laxman Aglawe Age : 44 years (V.P. Emerson India)

Diabetic since 15 years | on anti-Diabetic medicines

All allopathic medicines stopped in 12 weeks!

Weight loss 10 kgs. in 4 months.

"The NEST is creating wonders for me and I am completely on path of a healthy lifestyle. I thank Dr. Prasad and Dr. Falguni for developing this wonderful program."



Mr. Maurice Caeiro Age : 51 years (Businessman)

OBESITY, weight 114 kg

High Cholesterol 224,

High Triglycerides : 181.

After 4 months of NEST-Lifestyle Disorder Reversal Program.

Weight loss : 22 kgs.

Cholesterol : 179 and Triglycerides : 96

NEST - Lifestyle Disorder Reversal Program

Salient features ...

What you get :

- ✓ **Freedom** from suffering and medicines brings phenomenal improvement in your health!
- ✓ **Huge Savings** by embracing a healthy lifestyle.
- ✓ **Strong Immunity**.
- ✓ **Feel Energetic** and **Fresh**.
- ✓ **Emotional Wellbeing** ... **Fittest** are the **Happiest** !!

Good Nutrition is at the Heart of Good Health

A healthy meal can be tasty too!

- ❖ **Uniquely designed** - you can continue your daily routine through the program.
- ❖ **Simple** to follow Guide Lines, Live Demos, Recipes & Personalized food plans.
- ❖ **NO Separate cooking** - everyone at home can enjoy the deliciously nutritious food and get healthier!
- ❖ **NO compromise** on pleasures of eating.
- ❖ **NO Starving** ... eat as much as you want!!
- ❖ **Easy switch over** from convenience to a highly nutritious and delicious food.



Change Begins Here ...

Classical Homoeopathic Research Centre

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